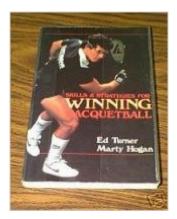
The book was found

Skills And Strategies For Winning Racquetball





Synopsis

This guide outlines beginning through advanced skills and strategies and presents practice drills for each level.

Book Information

Paperback: 368 pages Publisher: Human Kinetics+ Publishers Inc (September 1987) Language: English ISBN-10: 0880112891 ISBN-13: 978-0880112895 Product Dimensions: 1 x 6 x 9 inches Shipping Weight: 1.1 pounds Average Customer Review: 5.0 out of 5 stars Â See all reviews (2 customer reviews) Best Sellers Rank: #2,777,898 in Books (See Top 100 in Books) #26 in Books > Sports & Outdoors > Racket Sports > Racquetball

Customer Reviews

I purchased this book 20 years ago as a beginner. I was a tremendous help. But as I gained experience and reread the book, I understood more and more of what was being said. You can't fully appreciate this book as a beginner, but as a beginner, it is a great tool for learning. It continues to impart wisdom as you develop as a player and you are able to understand more of what is being said. HIGHLY RECOMMENDED for players of all levels.

Nearly a decade after changing how the world thinks about racquetball, Marty Hogan has teamed up Ed Turner to revolutionize the sport once again. Learning the physical skills needed for success on and off the court is one thing, but somehow Hogan continues to transcend the sport itself. The strategies laid out in this book will help you win on the racquetball court, while also giving you the strategies needed to find peace and balance.

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